Abstract
The level and redox status of glutathione is a good indicator for the rate of oxidative stress and eco-toxicological injury in plant cells and subcellular organelles. Thus the determination of GSH and its redox status has special importance. A variety of spectrophotometric and HPLC methods are available to measure glutathione (GSH). The spectrophotometric DTNB-GSH recycling assay is specific due to the application of glutathione reductase, it is rather quick and easy to perform, not surprising that it is rather popular. In the present study we make an attempt to compare the DTNB-GSH recycling assay and the more sophisticated, but difficult monochlorobimane (mBCl)-HPLC method to choose the one that best suits for eco-toxicological and plant stress investigations. We found that the acidification by sulphosalicylic acid (SSA) used for the stabilization of samples for DTNB-GSH recycling assay gives lower efficiency to this method than the formation of mBCl-GSH fluorescent conjugate. The measurable GSH contents were lower in the case of DTNB-GSH recycling assay than in the case of GSH-mBCl conjugates determined by HPLC with fluorescence detection. The auto-oxidation could almost perfectly be prevented by the presence of mBCl in the organelle isolation buffer. Furthermore, this way the reduced GSH content of organelles could be determined much more precisely. However, it is worth to note that the application of mBCl significantly elevates the cost of GSH determination, especially in case of cell organelles.

Keywords
glutathione, plant cell, determination, HPLC, eco-toxicology, bimane

1 Introduction
Cadmium is a non-essential heavy metal, which can be found in both soils and waters as trace element [1]. Its concentration in unpolluted soils and sediments is generally between 0.01-1 mg/kg and in case of unpolluted seawater 0.01-0.1 µg/litre [2, 3]. However, due to anthropogenic activities the concentrations of cadmium significantly increased in the environment. These activities include zinc smelting, manufacturing of nickel-cadmium batteries, combustion of fossil fuel and waste incineration. Approximately 22 000 tons of cadmium have been discharged into the environment between 1950 and 2000 [4, 5]. Phosphate fertilizers also contain cadmium, therefore agricultural soils are at a certain level contaminated by cadmium all over the world [1, 2, 6]. Uptake of toxic amounts of cadmium has serious consequences for the plants. Most of them are related to the interaction of cadmium with carboxyl and thiol groups of proteins [7]. These toxic effects result in chlorosis, growth inhibition, stunting and root damage [1, 3, 6, 8].

To chelate metal ions plants synthesize two types of metal binding ligands: metallothioneins (MTs) and phytochelatins (PCs) [9]. PCs are a family of peptides, with a general structure of (γ-GluCys)_{n}-Gly. PCs have a clear role in chelation and vacuolar sequestration of cadmium [1, 10]. PCs form chelates with Cd, due to the thiol groups of Cys, and preventing it from existing as free Cd^{2+} in the cytosol [11]. PCs are synthetized non-translationally by PC synthase, located in the cell cytoplasm [1, 12, 13]. PC synthase requires reduced glutathione (GSH) as substrate for PC synthesis.

The glutathione pool of plant cells can be found mainly in its reduced (GSH) form [1, 8, 14]. GSH is involved in several biochemical processes such as storage of sulphur, regulation of transcription and translation, modulation of enzyme activity, modification and transport of different hormones [15, 16]. As a member of ascorbate-glutathione cycle, it also plays an important role in the antioxidant defence system of plant cells. Since cadmium has a high affinity for thiol groups, glutathione can also act as a first line of defence against cadmium, by forming sulphide complexes, that can be transported into the vacuole [8]. A transient decrease in glutathione level can be observed
in the presence of high amounts of cadmium due to PC synthesis and sulphide complex formation. Longer exposition to cadmium results in increased expression of genes of the GSH biosynthesis [8, 13]. Thus GSH level can also function as a biomarker of metal toxicity, especially for cadmium [6, 13].

Therefore, the proper and precise determination of glutathione content of plant cells and cell organelles has great importance. Furthermore the concentration and redox status of GSH as a(n oxidative) stress marker are used in almost all stress related studies [17]. Although widely accepted methods are available for the measurement of glutathione, the determined concentrations often vary between laboratories due to the different and usually incorrect pre-analytical handling of samples. The most common source of analytical inaccuracy is the autoxidation of GSH to GSSG during the (incorrect) sample preparation [18].

Not accidentally the most popular method for the determination of GSH is the GSH recycling assay [19]. GSH is oxidized by the reagent 5,5′-dithio-bis(2-nitrobenzoic acid) (DTNB) while the chromophore, 5′-thio-2-nitrobenzoic acid (TNB) and a mixed disulphide, GS-TNB are formed. The formed GS-TNB is regenerated to GSH by the externally added glutathione reductase (GR) on the expense of NADPH, or by directly in the reaction with the remaining GSH content of the assay mix. The rate of TNB production is proportional to the initial amount of GSH in the sample [19–21]. This way the total glutathione (GSH+GSSG) content of the sample is measured, unless a thiol masking reagent e.g.: N-ethylmaleimide (NEM) or vinylpyridine is added to the assay mix. These agents give us the possibility to measure the GSSG content of the samples even at low concentrations. The reduced glutathione content of the sample can be calculated by subtracting the amount of GSSG from that of total glutathione. The prevalence of the method can easily be explained by its rapid execution and relatively low cost. At the same time, no pre-analytical process that stabilizes the GSH is included by the protocol.

Bromo- and chlorobimanes are highly efficient labelling agents for cellular thiol, furthermore plasma membrane is freely permeable to them, and they form a fluorescent adduct specifically with GSH. Monochlorobimane (mBCl) was found to form a fluorescent adduct with GSH more specifically than monobromobimane [22–24], thus it was used as a sensitive and specific probe to determine GSH in liver tissue, intact hepatocytes [23, 25] as well as in different cell organelles in both animal and plant cells [26, 27]. Monochlorobimane reacts specifically with thiol groups forming a highly fluorescent, cell-impermeable thioether, which can be separated by HPLC, equipped with a fluorescent detector [28]. Since mBCl reacts only with GSH, the oxidized glutathione content of the samples has to be reduced by the addition of the reducing agent dithiothreitol (DTT) [23, 29, 30]. The redox state of the cellular, subcellular glutathione pool can be calculated by comparing the peak areas of the samples pre-treated or not with DTT. On the contrary to the DTNB method the bimane derivates are stable for several days in the dark [31]. However the mBCl method is more laborious and expensive.

In the present study we make an attempt to compare the above mentioned DTNB and mBCl-HPLC methods to choose the one that best suits for eco-toxicological and plant stress investigations. We also would like to give guidelines for proper sample preparation and pre-analytical handling. Since in eco-toxicological and plant stress studies, glutathione is most often measured in plant cells and different cell organelles such as mitochondria and endoplasmic reticulum the concentration of GSH was determined from Arabidopsis suspension cells, mitochondrial, microsomal and cytoplasmatic fractions isolated from control, 100 µM BSO (DL-Buthionine-sulfoximine) and 100 µM Cd treated Arabidopsis thaliana suspension cells.

2 Materials and methods

2.1 Materials

Murashige and Skoog medium, 2,4-dichlorophenoxyacetic acid (2,4-D), kinetin, EDTA, 4-morpholinepropanesulfonic acid (MOPS), Polymethylpyrroloidone (PVP-40), L-Cysteine, Glutathione S-Transferase (GST), 5,5-dithio-bis-(2-nitrobenzoic acid) (DTNB), Glutathione Reductase (GR), DL-Buthionine-sulfoximine (BSO) and glutathione (GSH) were obtained from Sigma-Aldrich. Monochlorobimane (mBCl) was purchased from Invitrogen. CdCl₂ and all other chemicals were of analytical or HPLC grade, and were purchased from Reanal, Hungary. Pierce Coomassie (Bradford) Protein Assay Kit was obtained from Thermo Scientific.

2.2 Plant material

Arabidopsis thaliana (ecotype Columbia) suspension cells were grown in culture medium containing 0.44% MS + Gamborg (Sigma-Aldrich); 3% Sucrose; 0.24 µg/ml 2,4-dichlorophenoxyacetic acid; 0.014 µg/ml Kinetin; 4 mM PBS (K₂HPO₄, KH₂PO₄); pH 5.8 in a rotary shaker (120 rpm) at 22°C, in the dark. Cells were subcultured weekly by a tenfold dilution.

2.3 Cadmium and BSO treatments of Arabidopsis thaliana suspension cell cultures

4-day old Arabidopsis thaliana cultures were used for the experiments. The required volume (less than 0.1 ml in each case) of CdCl₂ and BSO solutions were sterile filtrated by 0.22µm PTFE syringe filters, then added to the culture at the final concentration of 100 µM. Same volume of sterile water was added to control cells.

2.4 Organelle isolation from Arabidopsis thaliana suspension cell cultures

Known amount of freshly harvested, vacuum filtrated cells were homogenised in the appropriate isolation buffer by precooled Potter–Elvehjem homogenizer on ice. Four types of isolation buffers were used: 1. cell organelle isolation buffer

---


P. Hajdinák, Á. Czobor, T. Lőrincz, A. Szarka

---
(450 mM sucrose, 1 mM EDTA, 0.5 mM EGTA, 15 mM MOPS, 0.2% (w/v) BSA, 0.6% (w/v) PVP40, 1.5 mM L-Cysteine, pH 7.4), 2. cell organelle isolation buffer supplemented with 1mM mBCl, 3. 5-sulphosalicylic acid (SSA, 5% (w/v)), 4. SSA (5% (w/v)) supplemented with 1mM mBCl. All concentrations are final concentrations. The SSA containing buffers were used only for cell homogenate preparation, the cell organelle isolation buffers were used for organelle isolation and also for cell homogenate preparation. The lysate was centrifuged (3,000g, 20 min, 4°C) and the supernatant was gently harvested to determine the glutathione content of cell homogenate.

Different organelles were isolated from ca. 50 g of Arabidopsis cell suspension. The cells were disrupted in cold organelle isolation buffers by a precooled grinder. The grinded homogenate was centrifuged at 3,000g 4°C for 15 min. The supernatant was centrifuged at 17,000g, 4°C for 15 min to pellet the mitochondrial fraction, while the ER and cytoplasm remained in the supernatant. The latter ones separated by ultracentrifugation at 125,000g, 4°C for 60 min to pellet the ER. The mitochondrial fraction was washed with cell organelle isolation buffer and centrifuged at 3,000g, 4°C for 10 min, then the supernatant was centrifuged at 17,000g, 4°C for 15 min to pellet the mitochondrial fraction.

The microsomal and the mitochondrial fractions were re-suspended in ice cold cell organelle isolation buffer to determine the glutathione content of the fractions.

The entire process was carried out as fast as possible using ice and precooled devices to minimise the degradation of GSH.

2.5 Glutathione measurement by mBCl derivatization and HPLC-fluorescent detection

The GSH content of samples and standards were derivatized with 1 mM mBCl in the absence and presence of GST (100 nM/ml) in the indicated incubation media, at room temperature in the dark for 15 min. The reaction was stopped by the addition of Trichloroacetic acid (TCA) at a final concentration of 10% (w/v). To determine GSSG content, prior to derivatization 100 µl of samples were mixed and incubated for 60 min in the dark, at room temperature with 10 µl 50 mM DTT to reduce GSSG to GSH.

The effect of isolation buffer and GST was also monitored by standards dissolved in 5% (w/v) SSA and cell organelle isolation buffer. In case of SSA, prior to derivatization Triethanolamine (TEA) was added at a final concentration of 400 mM to the samples and standards, to adjust the optimal pH for the conjugation with mBCl.

Samples were centrifuged at 48,000g, 4°C for 20 min to pellet the precipitated proteins. The separation of derivatized GSH was performed on a Teknokroma Mediterranea SEA18 C-18 column with 5 µm beads and dimensions of 150 x 4.6 mm, using Waters 2690 HPLC, followed by fluorescent (λ<sub>ex</sub>: 395 nm, λ<sub>em</sub>: 477 nm) detection (Waters 2475) with a 32.5 min protocol employing the linear gradient of 0.25% (v/v) aqueous acetic acid, NaOH, pH 3.5 as Solvent A and methanol as Solvent B. 0 min at 18% (v/v) Solvent B; 17.5 min at 18% (v/v) Solvent B; 20 min at 100% (v/v) Solvent B; 27.5 min at 100% (v/v) Solvent B; 28 min at 18% (v/v) Solvent B; 32.5 min at 18% (v/v) Solvent B, with 1 ml/min flow rate. Based on standards, the retention time of glutathione was 8.5 min.

In case of cell homogenate, the glutathione content was normalized to the weight of freshly harvested, vacuum filtrated cells that was homogenised, in case of isolated cell organelles, the glutathione content was normalized to the protein content of each sample.

2.6 Glutathione measurement by DTNB assay

100 µl of reaction buffer (45 mM Na<sub>2</sub>PO<sub>4</sub>, 0.45 mM EDTA, 0.225 mM DTNB, 0.3 mM NADPH, 1.6 U/ml GR, pH 7.5) was added to 50 µl of sample or GSH standard on a 96-well plate. The reaction was followed by Thermo Scientific Multiskan™ GO Microplate Spectrophotometer for 5 minutes using λ=405 nm, at 25°C The initial 2 minutes of the linear phase of TNB generation curve was used to quantify the glutathione content. In case of cell homogenate, the glutathione content was normalized to the weight of freshly harvested, vacuum filtrated cells that was homogenised and in case of isolated cell organelles, the glutathione content was normalized to the protein content of each sample.

2.7 Other methods

Protein concentration was determined by the Pierce Coomassie (Bradford) Protein Assay Kit with bovine serum albumin as a standard, according to the manufacturer’s instructions. All data are expressed as means ± S.D. Statistical analyses were performed by Student’s t test.

The GSSG concentration was calculated by the following formula: ([Total glutathione]-[GSH])/2. The redox state was calculated as [GSH]/[GSSG+GSH]. SD was calculated based on the previously calculated redox-states.

3 Results and discussion

Our purpose was to get as close to real plant stress and eco-toxicological problems and investigations as it can, thus Arabidopsis thaliana suspension cells were treated with 100 µM of CdCl<sub>2</sub>, and with 100 µM of BSO (the inhibitor of γ-glutamyl-cysteinyl synthase). Cell homogenate, mitochondrial, cytosolic and microsomal fractions were prepared from the suspension cells and their GSH contents were determined by the two different methods. The spectrophotometric DTNB-GSH recycling assay is specific due to the application of glutathione reductase, it is rather quick and easy to perform, not surprising that it is rather preferred [19]. Thus it was chosen as the first method to determine the GSH content of control, CdCl<sub>2</sub>, and BSO treated Arabidopsis thaliana cell homogenates and organelles.
GSH is prone to auto-oxidation and decomposition on alkaline pH. The acidification of the samples by the addition of SSA (at a final concentration of 5%) can prevent or at least reduce the extent of auto-oxidation of GSH, since the thiol group is much more stable than its ionized thiolate form [18]. The disadvantage of this stabilization is that the addition of SSA precipitates proteins hence it makes the biological samples unsuitable for further organelle isolation [21]. Interestingly no difference could be observed in the glutathione content between the samples homogenized in 5% SSA or organelle isolation buffer (pH=7.4), but significantly dropped glutathione level was found in case of organelle isolation buffer+mBCl (Fig. 1). The addition of mBCl to the organelle isolation buffer resulted in the formation of GSH-mBCl adducts. The formed adducts could not react in the DTNB-GSH recycling assay thus the measurable amount of GSH was decreased by the amount that entrapped by the adduct formation. On one hand it is worth to note that the GSH content of all samples was determined immediately after the homogenization that may explain the absence of any effect of acidification. On the other hand the acidification of the samples does not ensure full protection and the thiol group can also be oxidized during sample acidification [18]. Furthermore, it was found that all acids commonly used for acidification purpose, such as trichloroacetic, metaphosphoric, perchloric and sulfosalicylic acids, also oxidize GSH, but to different extents [32]. Hence our earlier statement that the crucial step of glutathione determination is the prevention of its auto-oxidation can be strengthened. It can be avoid by different thiol masking agents such as NEM, vinylpyridine and bimane [19, 22, 23, 33]. The problem with vinylpyridine is its slowly reacting nature furthermore it does not permeate cell membranes [34, 35]. Although NEM reacts quickly with GSH hence can prevent the oxidation of GSH, furthermore the formed GSH-NEM conjugate can be analysed by HPLC [36], but the relatively high limit of detection of the GSH-NEM conjugate by HPLC does not allow the determination of GSH from samples with low GSH levels [21]. Although bimanes react with GSH somewhat slower than NEM [18], the conjugation of GSH with bimane derivates can be accelerated by the use of GST enzymes [21–23]. Furthermore the bimane-GSH conjugates can be analysed by HPLC with fluorescence detection in a very sensitive manner [21, 23]. Thus mBCl was used in our further experiments as a fluorophore and a masking agent to inhibit the auto-oxidation of GSH. The auto-oxidation of GSH was avoided by two different ways: 1. by the addition of SSA. Since the formation of mBCl-GSH conjugate occurs at slightly alkaline pH (around 7.5-8), the samples should be neutralized before derivatisation with mBCl. 0.4 M TEA was used for this purpose. 2. by the addition of mBCl. After the homogenization mBCl was added to one half of the samples to prevent the auto-oxidation of GSH. Similar to the observations gained earlier in the case of DTNB-GSH recycling assay the homogenisation media has no influence on the measurable GSH content of the samples in the case of immediate conjugation of GSH with mBCl (Fig. 2).

The effect of SSA and the subsequent neutralization by TEA was investigated on the sensitivity of the method. GSH standards were dissolved in 5% SSA and in organelle isolation buffer. The pH of GSH standard dissolved in SSA was adjusted to 7.4 by the addition of 0.4 M TEA. mBCl was added to both standards and the fluorescence of GSH-mBCl conjugate was determined by HPLC with fluorescence detection. The addition of SSA...
The Problem of Glutathione Determination

significantly decreased the sensitivity of the method (Fig. 3). Since the pH of the solution was checked and adjusted to exactly pH=7.4, the only reasonable explanation is the observed and published [32] oxidation of GSH by the added SSA.

As it was reported, the own GST activity of samples from animal tissues could not be enough for the complete conjugation of GSH by mBCl [21] thus the effect of externally added GST was also investigated on the sensitivity of the method. Our results strengthened the previous observation, the addition of GST definitely accelerated the formation of GSH-mBCl conjugate and significantly increased the sensitivity of the method (Fig. 3). The bimane conjugate formation makes the GSH unmeasurable for the DTNB-GSH recycling assay because of the conjugated tiol groups. Approximately 60% of the GSH content of the samples was conjugated by mBCl during the 15 min incubation time in the absence of GST (Fig. 1). This observation is in concordance with our previous results [21] and underlines the importance of the application of GST.

The isolation of eco-toxicological and plant stress investigations relevant cell organelles takes several hours thus the protective role of mBCl may get more importance in the determination of GSH from these organelles. Cell organelles were prepared, in the absence and in presence of mBCl that was added to the cell homogenate right after the homogenization to investigate its potential protective role. The presence of mBCl in the organelle isolation buffer resulted in elevated measurable reduced GSH levels in each fraction (Fig. 4). This protective effect of mBCl became more significant by the time elapse. More marked effects can be observed in the case of endoplasmic reticulum and cytosol fractions (Fig. 4).

The isolation of these fractions takes approximately two times longer than the isolation of mitochondrial one. These results reinforce that auto-oxidation results in significant loss of reduced GSH [37] that can be prevented by the presence of mBCl in the organelle isolation buffer (from the beginning of the isolation of cell organelles). Additionally, this way the reduced GSH content of organelles can be determined much more precisely. However, it should be noted that this application of mBCl significantly elevates the cost of GSH determination, especially in case of cell organelles since it requires high volume of samples. Furthermore, the addition of mBCl to the organelle isolation buffer may interfere with other fluorescent assays. Parallel the GSH content of same cell homogenates and cell organelles was also determined by the DTNB-GSH recycling method. The measurable GSH contents were lower in each sample than in the case of GSH-mBCl conjugates determined by HPLC with fluorescence detection (Fig. 1 vs Fig. 2, Fig. 5 and 6 panel A vs panel B), although the tendency of changes in GSH contents showed similar pattern.

To get closer to real eco-toxicological and plant stress investigations plant cell suspensions were shared into three groups and treated with the inhibitor of γ-glutamyl-cysteiny1 synthase inhibitor BSO or with CdCl₂ or with equal volume of water. Cell homogenate, mitochondrial, cytosolic and microsomal fractions were prepared and the GSH content of them was determined by the two different methods. The cellular GSH content was followed for 24 hours (Fig. 5). Cd treatment caused an immediate decrease in the cellular GSH content (Fig. 5 panel A and B). Only the half of the initial GSH content could be measured after 2 hours of Cd treatment.
Since BSO inhibits the de novo biosynthesis of GSH caused a slower decrease in cellular GSH content (Fig. 5 panel A and B). It halves the cellular GSH content after 9 hours (Fig. 5 panel A and B).

At one half of the initial GSH content (after 2 hours of treatment for CdCl$_2$ and after 9 hours for BSO), cell organelle isolation was carried out. Interestingly in the case of endoplasmic reticulum and cytoplasm BSO treatment caused more severe GSH depletion (Fig. 6 panels B, E and C, F). The redox state of GSH showed similar pattern. BSO treatment caused more oxidized samples in case of ER and cytoplasm than the CdCl$_2$ treatment (Fig. 6 panel B and C).

**Fig. 4** The protective effect of monocholorbimane. *Arabidopsis thaliana* cells were harvested by vacuum filtration and organelles were isolated as described in Materials and methods. The glutathione content of the initial cell homogenate (A), mitochondria (B), ER (C) and cytoplasm (D) was determined by HPLC (Sample). Parallel isolations were also carried out, in which 1 mM mBCl was added to the samples right after the homogenization of the cells (Sample+mBCl).

The data are expressed as means ± SD from three different isolations. Asterisk represents significant difference with respect to sample (p<0.05).

**Fig. 5** Time course of glutathione depletion due to 100 µM cadmium or BSO treatment. *Arabidopsis thaliana* cells were treated with 100 µM CdCl$_2$ [triangle] or 100 µM BSO [square]. The cellular GSH content was followed by HPLC (A) or DTNB-GSH recycling assay (B). At indicated time points samples were taken and they were prepared for GSH measurement as described in Materials and methods. The data are expressed as means ± SD from three different isolations.
4 Conclusion

A common problem in plant stress and eco-toxicological investigations is the determination of the rate of oxidative stress and eco-toxicological injury. The level and redox status of glutathione can serve as a good indicator for both. Thus it can be unequivocally accepted that in plant stress and eco-toxicological investigations the determination of GSH and its redox status in plant cells and organelles has special importance.

Probably the most widely used method for the determination of GSH is the DTNB-GSH recycling assay. Its popularity can easily be explained by its rapid execution, high specificity due to the application of the enzyme glutathione reductase and relatively low cost. Although the GSH recycling DTNB assay is quite simple and rapid the stabilization of GSH by SSA acidification can be characterised by lower efficiency than the formation of mBCl-GSH fluorescent conjugate. The addition of mBCl into the organelle isolation buffer could prevent the oxidation of GSH to GSSG during the isolation procedure. It is also worth to note that the addition of GST resulted in the significant acceleration of the formation of mBCl-GSH fluorescent conjugate.

On the base of our experiments the following method can be advised for the determination of GSH for eco-toxicological and plant stress investigations: the immediate addition of mBCl to the homogenisation buffer stabilizes the GSH for the whole cell organelle isolation. The following HPLC-fluorescence detection of the forming mBCl-GSH fluorescent adduct ensures the sensitive and automated determination of GSH.

Acknowledgement

This work was financially supported by National Scientific Research Fund grant (OTKA 123752). Tamás Lőrincz is a Gedeon Richter Plc Talentum fellowship recipient.

References


The Problem of Glutathione Determination

https://doi.org/10.1016/0003-2697(80)90139-6

https://doi.org/10.1006/abio.2000.4807


https://doi.org/10.1038/nprot.2013.095

https://doi.org/10.1016/S0140-6736(68)92892-4